

## TRAILS & The Infant/Toddler Program

### Training, Coaching and Support

#### TRAILS

- ◆ Curriculum Support and Guidance for Family and Facility Child Care Providers
- ◆ Building a Firm Foundation with TRAILS, One Block at a Time
- ◆ Family Child Care Environment Rating Scale
- ◆ WV Elements of Family Child Care 6 part Module Series
- ◆ Lending of Developmentally Appropriate Resources
- ◆ Plus Much More

#### Infant/Toddler Specialist's

- ◆ Curriculum Support and Guidance for Infant/Toddler classrooms
  - ◆ WVIT I-R
  - ◆ WVIT II
- ◆ Infant Toddler Environment Rating Scale
- ◆ WV Early Learning Standards Framework
- ◆ Developmental Expectations
  - ◆ Plus Much More

### T.R.I.P

#### Traveling Resources for Infants/toddlers Program

Under the direction and guidance of Early Care and Education the TRAILS Teams and the Infant/Toddler Specialist's across West Virginia joined forces in 2018 and created the T.R.I.P Program.

The goal of the T.R.I.P program is to support the family and facility child care providers in providing quality services for the infants and toddlers in their care.

If you are a facility or family child care provider, and would like more information about the TRIP program, please contact **Chris Gillis at 304-232-1603**.



### Breastfeeding Friendly Child Care Designation

This voluntary program is open to all licensed child care centers, registered facilities and family child care providers who choose to participate.

Achieving this designation requires completion of ten steps. There is help for each step along the way. Training, educational materials and resources to create a breastfeeding space will be available. Remember, the breastfeeding area does not have to be a dedicated space used solely for this purpose. It may be a separate room or simply a nook in the infant room created with a privacy screen. *Always check with your licensing or regulatory specialist for approval before making changes to your space.*

Upon completion of the Ten Steps, each site will be awarded a bonus stipend, a certificate of designation and recognition during the Great Beginnings Infant/Toddler Conference or Celebrating Connections. All centers, facilities and family child care providers are encouraged to reach out to their local Infant/Toddler Specialist for more information.

#### Wheeling Area

Andrea Littleton --- 304-232-1603

#### Morgantown/Fairmont Area

Tiffany Kiess --- 304-292-7357

#### CCRC Office Locations

**Hancock County - Satellite Office**  
*Temporarily Closed*

**Ohio & Marshall County**  
2000 Main Street, Suite 100  
Wheeling, WV 26003  
304-232-1603

**Marshall County - Satellite Office**  
*Temporarily Closed*

**Monongalia County**  
20 Scott Avenue - Suite 302  
Morgantown, WV 26508  
304-292-7357

**Marion County**  
320 Adams Street - Suite 106  
Fairmont, WV 26554  
304-366-3615

**Tyler & Wetzel County**  
1236 N. State Route 2  
New Martinsville, WV 26155  
304-455-0920



Visit our website at:  
<http://www.crcwv.org/>

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# CCRC Welcomes Subsidy Case Manager



**Carrie Gourley**

Hi! My name is Carrie Gourley and I joined the CCRC team at the end of February 2023. I am a boy mom of 3 and when I am not busy with them, I can be found at the gym powerlifting or doing CrossFit.

I am so very excited to be part of such an amazing team.. My office will be located in Wheeling. You can reach me by phone at 304-232-1603 or [carrie.l.gourley@wv.gov](mailto:carrie.l.gourley@wv.gov).



## King's Daughters Child Care Center

King's Daughters Child Care Center is honored to have earned accreditation by the National Association for the Education of Young Children (NAEYC), the nation's **GOLD STANDARD** for early childhood education programs. Congratulations to the leadership team, staff, parents and board members on this wonderful accomplishment!



## CCRC Recognizes Week of the Young Child April 1 - 7, 2023



- April 1 -- Kick Off Saturday
- April 3 - Music Monday
- April 4 - Tasty Tuesday
- April 5 - Work Together Wednesday
- April 6 - Artsy Thursday
- April 7 - Family Friday

You can find more information about Week of the Young Child on the NAEYC website  
<https://www.naeyc.org/events/woyc>



# WITI - R



Tentatively Schedule to Begin in July 2023

For More Information or to place you or your staff on the waitlist, please contact your local Infant/Toddler Specialist.

**Wheeling Area**  
Andrea Littleton at:  
304-232-1603 or  
[andrea.n.littleton@wv.gov](mailto:andrea.n.littleton@wv.gov)

**Morgantown/Fairmont Area**  
Tiffany Kiess at:  
304-366-3615 or  
[tiffany.r.kiess@wv.gov](mailto:tiffany.r.kiess@wv.gov)



# Professional Development Opportunities



CCRC's Quality Improvement Specialist, Marcyjo Evans, will be presenting the **212°The Extra Degree** training at Celebrating Connections!

**Wednesday, April 19th from 1:30 pm to 4:30 pm**

Look for her training in the Conference Program!

This training is geared toward child care directors, assistant directors and/or anyone in a supervisory role.



## Celebrating Connections 2023

April 18 - 20

In-Person Conference

Join us for a great lineup of speakers from across the country and right here in West Virginia

**Registration Closes on April 18, 2023 - 6:00 pm**

For additional conference information please visit:  
<https://www.eventsquid.com/event/16990>

## Celebrating Connections Stipend Application:

All stipends have been awarded.  
 If you would like to be put on the CC23 stipend waitlist, please email [smiller@rvcds.org](mailto:smiller@rvcds.org)

Registration closes April 12th!

Limited onsite registration will be available.

# Child Care Director Professional Development

## The Director's Toolbox Module Series



**This Training is for Directors, Assistant Directors and/or anyone in a Supervisory Roll!**

This is a module series consisting of 7 topics critical for leaders who are eager to learn practical suggestions for improving administrative effectiveness.

The Director's Toolbox is a management series that provides concise theoretical overviews on the following topics:

1. A Great Place to Work - Creating a Healthy Organizational Climate
2. Leadership in Action - How Effective Directors Get Things Done
3. The Right Fit - Recruiting, Selecting & Orienting Staff
4. Making the Most of Meetings - A Practical Guide
5. From the Inside Out - The Power of Reflection & Self Awareness
6. Circle of Influence - Implementing Shared Decision Making
7. Inspiring Peak Performance - Competence, Commitment & Collaboration



This **ONLINE** Training will be Held on the Following Days from 5:00 pm to 7:00 pm  
*Please note the different days of the week.*

Wednesday	April 12
Wednesday	April 26
Wednesday	May 10
Thursday	May 25
Wednesday	May 31
Thursday	June 22
Wednesday	June 28

Call Marcy, Quality Improvement Specialist if you are interested in attending or have questions.

304-232-1603

# Child Care Nurse Health Consultant & Child Care Health Educator Online Trainings

**Nurse Health Consultant = NHC    Child Health Educator = CHE**

## Medication Administration



**Saturday Training!**

April 1, 2023 (SATURDAY)	8:00 am - 11:00 am	NHC
May 3, 2023 (Wednesday)	5:30 pm - 8:30 pm	NHC
May 31, 2023 (Wednesday)	5:30 pm - 8:30 pm	NHC
June 28, 2023 ( Wednesday)	5:30 pm - 8:30 pm	NHC

Don't Wait to Register, Classes Fill Up Quickly!

## Other Health Related Trainings

April 4, 2023 (Tuesday)	Oral Health	6:30 pm - 7:30 pm	NHC
April 5, 2023 (Wednesday)	Understanding Special Dietary Needs	6:30 pm - 8:30 pm	CHE
April 11, 2023 (Tuesday)	All That Sugar and Fat	6:30 pm - 8:30 pm	CHE
April 13, 2023 (Thursday)	Dealing with Head Lice	6:30 pm - 7:30 pm	NHC
April 24, 2023 (Monday)	Bed Bugs & Beyond	6:30 pm - 8:30 pm	CHE
April 25, 2023 (Tuesday)	Medical Action Plans	6:30 pm - 8:00 pm	NHC
April 27, 2023 (Thursday)	All About Allergies	6:30 pm - 8:30 pm	NHC
May 11, 2023 (Thursday)	Respiratory Infections in Children	6:30 pm - 7:30 pm	HNC
May 17, 2023 (Wednesday)	Picky Eaters	6:30 pm - 8:30 pm	CHE
May 18, 2023 (Thursday)	Sun Safety and Heat Related Illnesses	6:30 pm - 8:30 pm	NHC
May 23, 2023 (Tuesday)	Beans...More Than Just Cute Songs	6:30 pm - 8:30 pm	CHE
May 25, 2023 (Thursday)	Creepy, Crawly Creatures	6:30 pm - 8:30 pm	NHC
June 6, 2023 (Tuesday)	Morning Health Checks	6:30 pm - 7:30 pm	NHC
June 13, 2023 (Tuesday)	Identifying Environmental Hazards 1	6:30 pm - 8:30 pm	CHE
June 15, 2023 (Thursday)	Communicable Diseases	6:30 pm - 8:30 pm	NHC
June 21, 2023 (Wednesday)	Let's Move	6:30 pm - 8:30 pm	CHE
June 22, 2023 (Thursday)	Rashes & Scratches	6:30 pm - 7:30 pm	NHC
June 27, 2023 (Tuesday)	Identifying Environmental Hazards 2	6:30 pm - 8:30 pm	CHE



## Lunchtime Learning



May 2, 2023 (Tuesday)	Planting Seeds for Healthy Eating	12:00 pm - 2:00 pm	CHE
May 9, 2023 (Tuesday)	Infection Control	12:00 pm - 1:00 pm	NHC
June 7, 2023 (Wednesday)	Nutrition Basics	12:30 pm - 1:30 pm	CHE
June 20, 2023 ( Tuesday)	Ear Infections in Children	12:30 pm - 1:30 pm	HNC

West Virginia Child Care  
**Nurse Health Consultants**  
Division of Early Childhood Development Services

**Karen Gilbert, RN, BSN -- Nurse Health Consultant**  
 WV Early Childhood Training Connections & Resources  
 Points, WV 25437  
[kgilbert@rvcds.org](mailto:kgilbert@rvcds.org)  
 Cell: 304-840-1933 texts only    Office: 304-492-5550

West Virginia  
**Child Care Health Educators**  
Division of Early Childhood Development Services

**Renee Stonebraker, RS -- Child Care Health Educator**  
 WV Early Childhood Training Connections & Resources  
 Bruceton Mills, WV  
[rstonebraker@rvcds.org](mailto:rstonebraker@rvcds.org)    Text/Call: 304-710-9695



## April, May June Training Calendar

To register please visit [www.wvstars.org](http://www.wvstars.org)

### Online Professional Development

April 5, 2023 (Wednesday)	Improving Playground Safety & Supervision	6:30 pm - 8:30 pm
April 13, 2023 (Thursday)	RR Spreading HOPE	6:30 pm - 8:00 pm
May 23, 2023 (Tuesday)	Understanding ACEs 101	6:30 pm - 7:30 pm
May 24, 2023 (Wednesday)	Creating An Autism Friendly Classroom	6:30 pm - 7:30 pm
June 14, 2023 (Wednesday)	Balancing Screen Time with Early Childhood Development	6:30 pm - 8:00 pm



### In Person Professional Development

<b>MORGANTOWN</b> ---- April 25, 2023 (Tuesday)	Identifying Environmental Hazards 1	6:30 pm - 8:30 pm
<b>WHEELING</b> --- May 9, 2023 (Tuesday)	Identifying Environmental Hazards 2	6:00 pm - 8:00 pm

## Training Available From the WV Child Care Health Educator



To request a specific training, please contact  
 Renee Stonebraker at: 304-710-9696 or  
[rstonebraker@rvcds.org](mailto:rstonebraker@rvcds.org)



All That Sugar and Fat	Let's Move
Beans...More Than Just Cute Songs	New Recipe Ideas 1
Bed Bugs and Beyond	New Recipe Ideas 2
Being A Good Role Model	Oral Health
Breastfeeding Basics	Picky Eaters
Identifying Environmental Hazards 1	Planting Seeds for Healthy Eating
Identifying Environmental Hazards 2	Safe Sleep Practices
Indoor/Outdoor Safety	Stress Management
Let's Make a Menu	Understanding Special Dietary Needs

#### Friendly Reminders: ↓

Many online trainings are available through WV STARS across the state to assist you in meeting your professional development needs. Due to offering many module trainings, sometimes training or modules overlap one another. We try to avoid this as much as possible however sometimes it is impossible. Please know that required training/modules will be offered on a rotating schedule.



This symbol identifies training that meets the General Child Care Credential requirement.

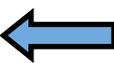
For the Most Current Information, Like Us & Follow Us On

## Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse & Neglect



Making a Difference: Mandate to Report, Responsibility to ...

Get Item



This logo will pop-up, click on "Get Item" and follow the instructions to obtain the training.





## April - May - June Training Descriptions

### **Balancing Screen Time with Early Childhood Development** - CG&D - Envir. & Curriculum - *Basic Level* - Linda Reeves

Young children now have more access to multiple types of technology devices (smart phones, tablets, computers, gaming devices, Smart Boards, etc.) than any other time, thanks in part to the pandemic. The impact of screen media is changing the nature of early childhood development and is shown to have a profound impact on how young children learn, develop, behave and socialize. This training will examine the pros, cons, and unknowns of how technology and social media influences child development and impact personal and family relationships.

### **Creating An Autism Friendly Classroom** - CG&D - Environment & Curriculum; - *Basic Level* -- Melissa Cuppett

This training is for early childhood educators seeking information on creating an autism friendly classroom through the use of visual schedules, social stories, calm down corners and more. This training was created for educators working with children in preschool/ pre-k/school age classrooms.

### **Identifying Environmental Hazards 1**- HSN- *Basic Level* -- Renee Stonebraker

This training discusses how to eliminate environmental hazards found in or around buildings, including air quality, water quality, and lead.

### **Identifying Environmental Hazards 2**- HSN- *Basic Level* -- Renee Stonebraker

This training discusses how to eliminate environmental hazards found in or around buildings, including plastics, arsenic, and asbestos.

### **Improving Playground Safety & Supervision** - Environment & Curriculum; HSN - *Basic Level* -- Melissa Cuppett

Many of the injuries that occur in childcare settings happen while outside on the playground. This training will provide participants with multiple way to improve playground supervision/safety while working to decrease the number of incidents occurring on the playground. **While this training is useful to any professional in the field, it is targeted toward those in the preschool and after-school programs as the children in their care will utilize the playground equipment often than our infant and toddlers.**

### **RR Spreading HOPE**- CG&D - Family & Community Partnerships - *Intermediate Level* -- Linda Reeves



The Spreading HOPE training will cover the effects of ACEs on health outcomes, the importance of positive childhood experiences, and the research showing their mitigating effects on ACEs as well as the biological basis for these effects. We will introduce the four building blocks of HOPE and discuss type 1 vs. type 2 thinking. The presentation will present some ideas of how to incorporate the HOPE Framework into practice.

### **Understanding ACEs 101** - CG&D - *Basic Level* -- Linda Reeves



Adverse childhood experiences (ACEs) are potentially traumatic events that occur before a child reaches the age of 18. Such experiences can interfere with a person’s health, opportunities, and stability throughout his or her lifetime. The Understanding ACEs 101 training will discuss ACEs and their impact on children and adults, introduce ways to overcome ACEs through resilience, and introduce strategies to prevent ACEs by shedding light on potential risk factors.

## ITERS 3 Overview

The Infant/Toddler Environment Rating Scale-3 is designed to assess group programs for children Birth to 2 1/2 years of age.

This training will provide an overview of the ITERS-3.

*This training is geared to Center Directors and Infant/Toddler Teachers.*

## The Growing Brain



**July-September, 2023 & October - December, 2023**

The Growing Brain is a 7 week/21 hour module series that focuses on brain development and strategies to support the growing brains of children, birth to 5 years old.

## Coming Soon

## Mind in the Making



**August 2023**

Mind in the Making is an 8 week learning process that uses research on children’s development, including classic and recent studies on how children learn and how teaching can encourage engaged learning.

FYI

The Growing Brain module series will replace Mind in the Making for the General Credential starting July 2023.

Mind in the Making will be required for the Preschool Specialization Credential.

More information will be shared as it becomes available.

# Professional Development Opportunities



## JOIN OUR LOCAL COUNCILS



### Meetings

Small groups meet twice a year to discuss the implementation of ACDS in their counties.

### Members

Members include directors, child care resource & referral, BOE, Head Start, instructors, journeypersons, and family child care providers.



**JOIN US NOW!**

To find out more information about the local council in your area, visit the ACDS website and go to the local council page under resources. [www.wvacds.org](http://www.wvacds.org)

## Family Child Care & Facility Providers

The TRAILS Family Child Care Conference will be held on Saturday, November 4, 2023 in the Fairmont/Morgantown Area.

More Information on Location and Time will be shared as it becomes available.

*This conference does count toward the Family Child Care Provider & Facility Tier II application!*



## For Family Child Care Providers Only!

We are excited to offer a 3 - Part Module Series based on the book *Family Engagement in Early Childhood Settings* by Mary Muhs. This discussion will be for both the new and experienced family childcare provider. If you are interested in learning effective ways to build & strengthen relationships with the families you serve, this Module Series is for you!

**Partnering with Families in Childcare Today!**



### April 20, 2023 - Thursday

Module I - Beginning the Partnership

6:30 pm to 7:30 pm

### May 18, 2023 - Thursday

Module II - Communicating with Families

6:30 pm - 7:30 pm

### June 15, 2023 - Thursday

Module III - Supporting Families

6:30 pm - 7:30 pm

**We have 10 spaces available for this training.**

**Call Chris Gillis today to register.**

**304-232-1603**

Limited Spots Available!

## **Family/Facility Childcare Providers**

### **PEP Club!**

*Providers Encouraging Providers*

Child Care Providers will be notified when the next PEP Club is Scheduled,  
Please contact Chris Gillis if you have questions  
304-232-1603 or [chris.l.gillis@wv.gov](mailto:chris.l.gillis@wv.gov)

## **Child Care Directors** **Director's Discussion!**

Child Care Directors will be notified when the next Director's Discussion is  
Scheduled, Please contact Marcy Evans if you have questions  
304-232-1603 or [marcyjo.a.evans@wv.gov](mailto:marcyjo.a.evans@wv.gov)

## **Health & Safety Grants**

Health and safety grant applications are available through CCRC to family  
child care providers and family child care facilities in Hancock, Brooke, Ohio,  
Marshall, Wetzel, Tyler, Monongalia, and Marion Counties.

The grants can be used to assist these home providers with meeting health  
and safety requirements as well as to reward them for completing the  
requirements to move up a tier on the tiered reimbursement program.

Providers are eligible for up to \$250 for registered home providers and up to  
\$500 for family child care facilities once a year.

If you have not received a health and safety grant for this year (starting July 1,  
2022) and are interested in receiving free health or safety items for your home  
please contact your local CCRC office to request a grant application.



Child Care Resource Center  
2000 Main Street - Suite 100  
Wheeling, WV 26003

Concerned about your  
child's development?

**Get help early!**

Call 1-866-321-4728  
[www.WVDHHR.org/Birth23](http://www.WVDHHR.org/Birth23)



Services are provided in the child's natural  
environment & at no cost to families.  
Eligibility is not based on income.

WV Birth to Three RAU-I is a program of:  Catholic Charities West Virginia

WV Birth to Three services and supports are provided under Part C of the Individuals with Disabilities Act (IDEA) and administered through the WV Department of Health and Human Services Office of Maternal Child and Family Health.

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[childcareresourcecenterwv](https://www.facebook.com/childcareresourcecenterwv)

Keep Up With The Latest Notifications & Reminders